

Heaven Spa

"Your time to relax and unwind"

Heaven Spa, in our beautiful Yoga Shala, pampers using organics naturally grown at Heaven on the Planet. *Imba*, coconut and aloe vera are most popular. *Imba* (famously known as Neem in India) is a valued antiseptic for skin.

TREATMENTS | Our treatments are designed to cleanse and rejuvenate. Please book at reception and all prices are Australian dollars (AUD).

FACIAL | 45 mins \$ 30

Cucumber cleansing, honey and lime, aloe vera and cremes. An effective treatment to give your skin the extra glow that a natural humectant can provide.

MANICURE | 30 mins \$ 25

Aromatherapy hand soak, nail care, cuticle stimulation, nail polish and relaxing hand and arm massage

PEDICURE | 30 mins \$ 25

Aromatherapy foot soak, nailcare, cuticle stimulation, foot scrub and exfoliation, nail polish and relaxing foot and calf massage

MANICURE AND PEDICURE | 60 mins \$ 40

WARM STONE MASSAGE

| 60 mins \$ 40

An ancient therapy using a combination of 24 volcanic and river stones. The stones are warmed to around 50 to 55 degrees Celsius in water and then warm oil is used to massage the stones into key points of the body. This creates warmth and relaxation in your whole being.

CELLULITE MINIMIZING MASSAGE

| 45 mins \$ 30

A massage using circulating movements to drain fluid and reduce the appearance of cellulite around the legs and buttocks.

AFTER SUN THERAPY

| 45 mins \$ 30

A cooling treatment for sun worshippers. A combination of aloe vera and cool water gently massaged to the sunburnt body to offer relief if you have had an excess of sun and salt.

EXFOLIATION TREATMENT

| 1 hour \$ 35

Body scrub with lulur to prepare your body for sun tanning and / or a long overdue pampering to soften the skin. Starts with body scrub and finishes with warm water rub to massage, cleanse and stimulate the body.

THE WRAP

| 1 hour \$ 40

A 20-minute after sun massage with cooling aloe vera, followed by a full body wrap in a cool sarong finishing with a cleansing fresh water rub.

INDONESIAN CREME BATH HAIR TREATMENT

| 30 mins \$ 20

A pampering, cooling shampoo and condition treatment for your hair, rinsed in fresh drinking water.

Guest information

- Please enter appointments for treatment in the massage book. The treatment rooms are at the Yoga Shala along the front path to the north.
- You may wish to wear your own bikini or briefs. FOR WOMEN ONLY, you may enjoy your treatment without clothes as we use draping techniques for privacy.
- Payment for your spa treatment will be put onto your account to be paid at the end of your stay.



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